

TODAY'S
MESSAGE:

GOD'S

GENTLE WHISPER

1 KINGS 19

THE DAYS OF ELIJAH

Feb. 4 - "The Lord Is My God" 1 Kings 16-17

Feb. 11 - "Let It Be Known" 1 Kings 18

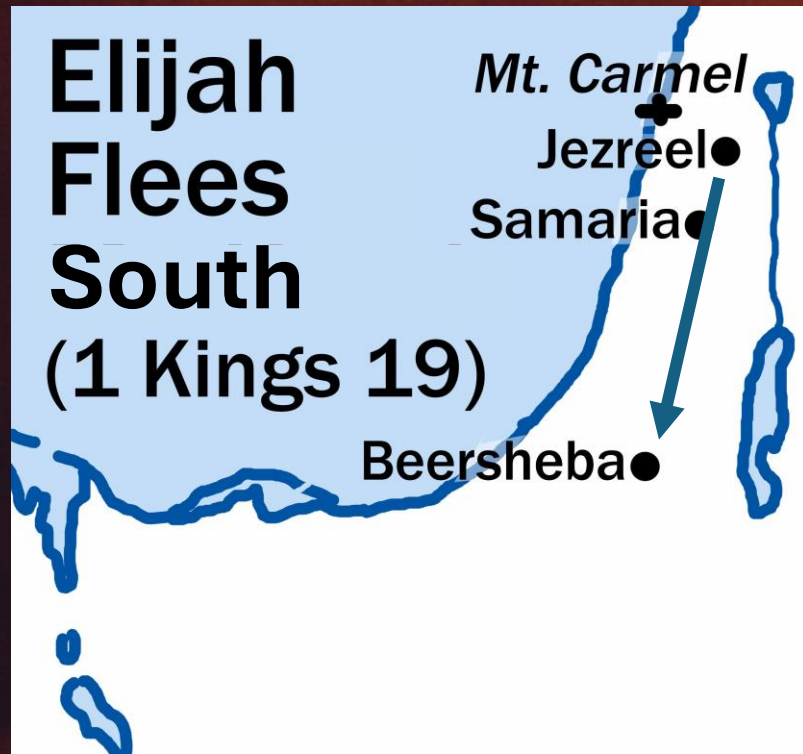
Feb. 25 - "God's Gentle Whisper" 1 Kings 19

March 3 - "The Mentor & The Apprentice" 1 Kings 19; 2 Kings 2

1 Kings 19:1-4

When Ahab got home, he told Jezebel everything Elijah had done, including the way he had killed all the prophets of Baal. So Jezebel sent this message to Elijah: "May the gods strike me and even kill me if by this time tomorrow I have not killed you just as you killed them."

Elijah was afraid and fled for his life. He went to Beersheba, a town in Judah, and he left his servant there. Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. "I have had enough, LORD," he said. "Take my life, for I am no better than my ancestors who have already died."



Elijah is...
Exhausted, Depressed,
Frustrated, Tired,
Hungry, Thirsty



The Great Exhaustion

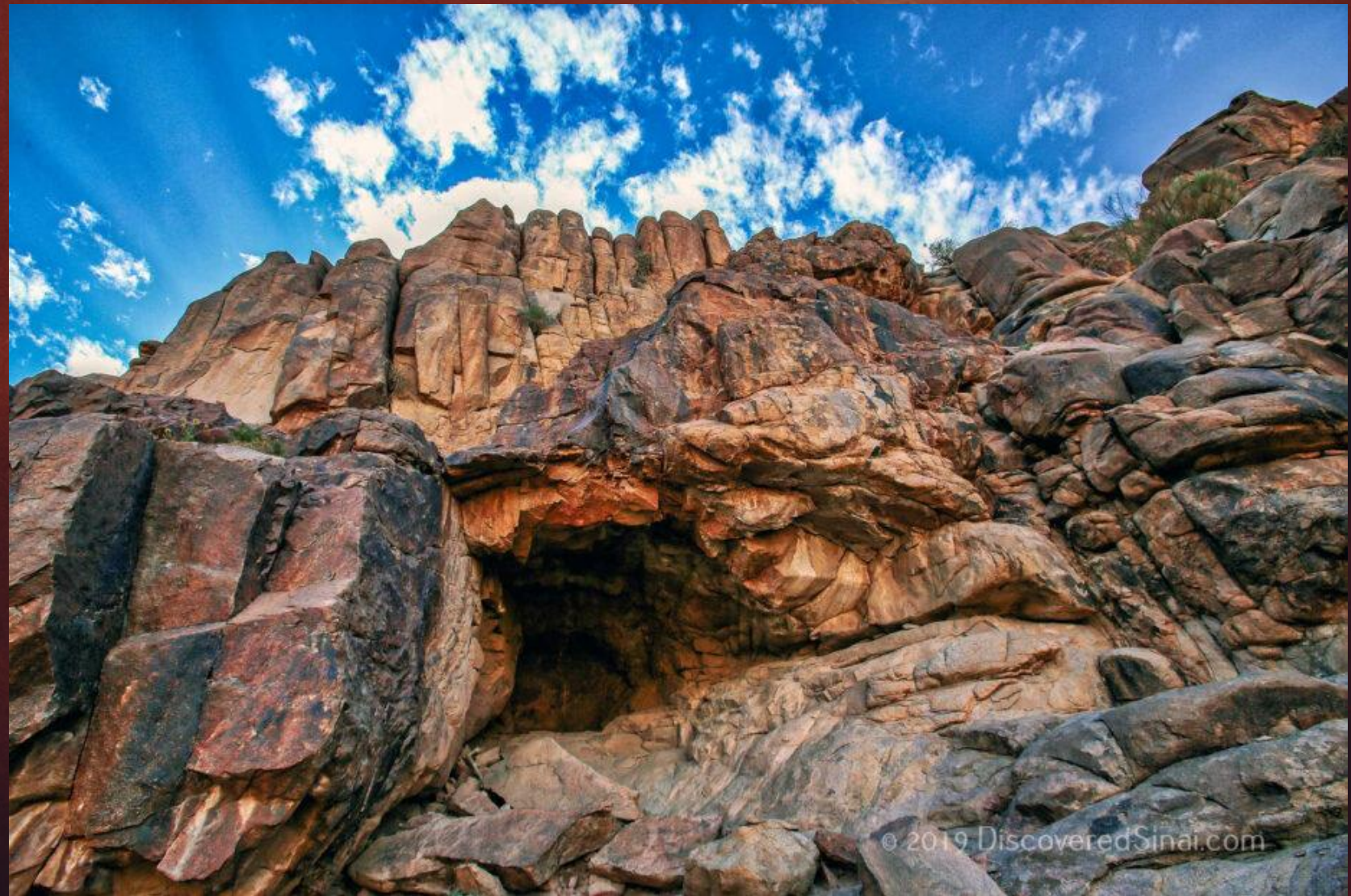
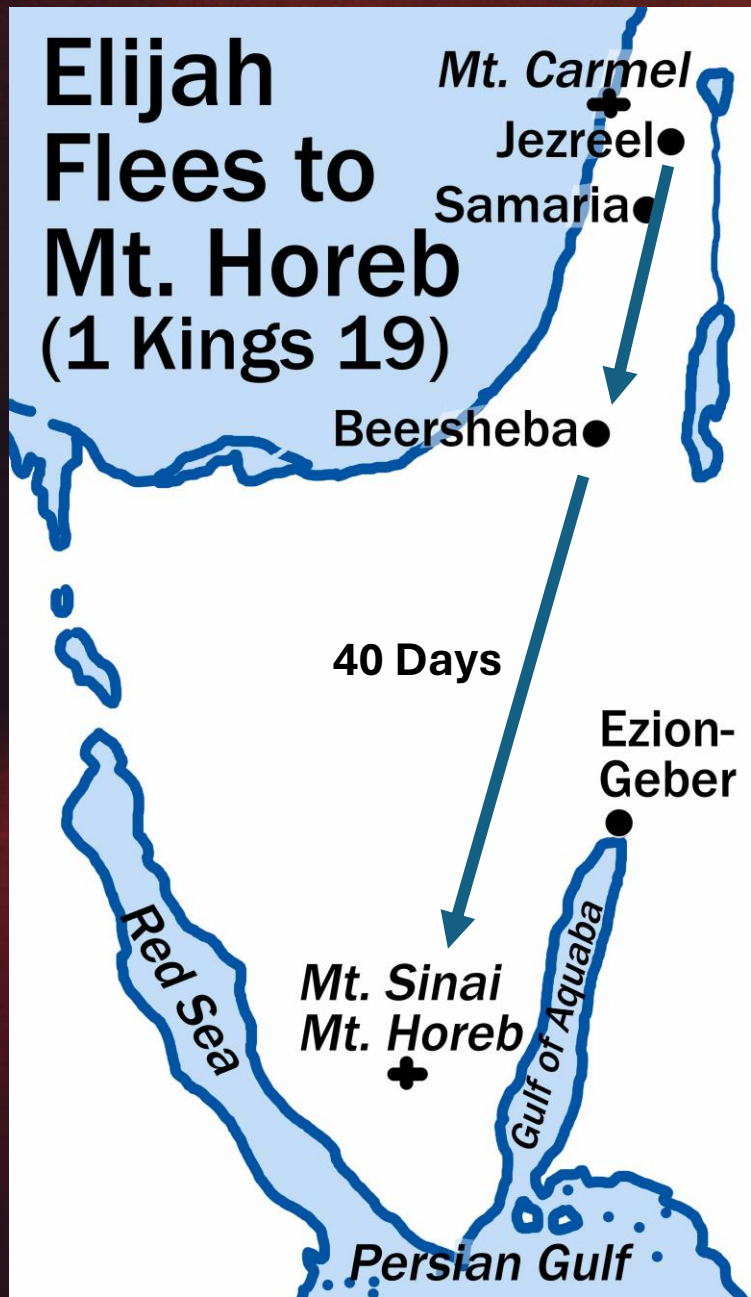
“If you factor in recovering from the pandemic, inflation, and global stressors, you’ve got a recipe for complete physical, mental, and emotional exhaustion.”

- Emily Ballesteros (Time Magazine)

1 Kings 19:5-9a

Then he lay down and slept under the broom tree. But as he was sleeping, an angel touched him and told him, "Get up and eat!" He looked around and there beside his head was some bread baked on hot stones and a jar of water! So, he ate and drank and lay down again.

Then the angel of the LORD came again and touched him and said, "Get up and eat some more, or the journey ahead will be too much for you." So, he got up and ate and drank, and the food gave him enough strength to travel forty days and forty nights to Mount Sinai, the mountain of God. There he came to a cave, where he spent the night.



Cave on Mt. Sinai (Horeb)

1 Kings 19:9b-15

But the LORD said to him, "What are you doing here, Elijah?"

Elijah replied, "I have zealously served the LORD God Almighty. But the people of Israel have broken their covenant with you, torn down your altars, and killed every one of your prophets. I am the only one left, and now they are trying to kill me, too." "Go out and stand before me on the mountain," the LORD told him. And as Elijah stood there, the LORD passed by, and a mighty windstorm hit the mountain.

It was such a terrible blast that the rocks were torn loose, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. And after the earthquake there was a fire, but the LORD was not in the fire. And after the fire there was the sound of a gentle whisper.

When Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave. And a voice said, "What are you doing here, Elijah?" He replied again, "I have zealously served the LORD God Almighty.

But the people of Israel have broken their covenant with you, torn down your altars, and killed every one of your prophets. I am the only one left, and now they are trying to kill me, too."

Then the LORD told him, "Go back the same way you came, and travel to the wilderness of Damascus. When you arrive there, anoint Hazael to be king of Aram.

What can we learn from Elijah's valley?

- God's provision in times of need!

"That is why I tell you not to worry about everyday life, whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are?"

Matthew 6:25-26 (NLT)

What can we learn from Elijah's valley?

- God's provision in times of need!
- Spiritual Warfare is real/The armor of God!

Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the belt of truth and the body armor of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.

Ephesians 6:13-17

What can we learn from Elijah's valley?

- God's provision in times of need!
- Spiritual Warfare is real/The armor of God!
- The Importance of Rest and Renewal!

God is our refuge and strength, always ready to help in times of trouble. So, we will not fear when earthquakes come and the mountains crumble into the sea...

He says, "Be still, and know that I am God;

Psalm 46:1-2, 10

What can we learn from Elijah's valley?

- God's provision in times of need!
- Spiritual Warfare is real/The armor of God!
- The Importance of Rest and Renewal!
- The Power of God's Presence!

“Go out and stand before me on the mountain,” the LORD told him. And as Elijah stood there, the LORD passed by, and a mighty windstorm hit the mountain. It was such a terrible blast that the rocks were torn loose, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. And after the earthquake there was a fire, but the LORD was not in the fire. And after the fire there was the sound of a gentle whisper.

1 Kings 19: 11-12

The Lord will help you and be with you in whatever this world or life may throw at you.

***“Better days coming, don't give up
The hands that are holding tomorrow are still
holding onto us!***

Better days coming, watch and see!”

- Mercy Me “Better Days Coming”