

FEAR

An unpleasant often strong emotion caused by anticipation or awareness of danger.

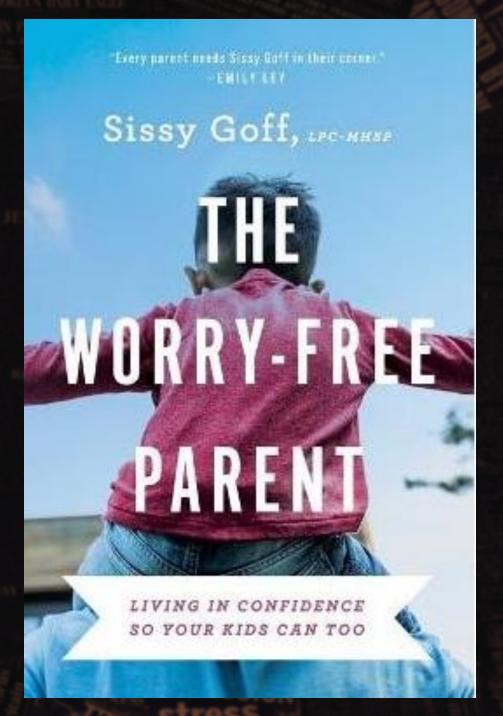
WORRY

Giving way to anxiety or unease. Allowing one's mind to dwell on difficulty or troubles.



Other Fears We Deal With....

- Fear of failure
- Fear of rejection
- Fears beyond our control
- Fears that we create in our mind
- Fears that never come about



Some parents have grown so accustomed to their anxiety that they seem to consider worry a prerequisite to good parenting.

- Sissy Goff

Faith helps us live in the abundant life of Jesus.

Fear wants to make us question that abundant life.

Anchor your life in Jesus!

Hebrews 11

"Now faith is confidence in what we hope for and assurance about what we do not see." v. 1

"By faith we understand the universe was formed at God's command." v. 3

By faith Noah, By faith Abraham, By faith Sarah, By faith Isaac, By faith Jacob, By faith Moses, By faith Joseph...

"All these people were still living by faith when they died." v. 13

Committed faith (in the midst of trials) has been shown by many Christians throughout history and even today.

Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

Isaiah 41:10

Be concerned but not consumed!

"Don't worry about anything, but pray about everything. With thankful hearts offer up your prayers and requests to God. Then, because you belong to Christ Jesus, God will bless you with peace that no one can completely understand. And this peace will control the way you think and feel."

Philippians 4:6 (The Message Bible)

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

Psalm 91:1-2

Isaiah 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Philippians 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

