

ARTHUR MENNONITE CHURCH MONTHLY NEWSLETTER - SEPTEMBER 2022

"Pause, Pray, Rest"

by Emily Kauffman, Minister of Outreach

Busy, busy, busy... we are getting ready to enter into what I call a tornado of busyness. School starts, harvest is around the corner, football season, flag football season, pumpkin patches, pumpkin lattes, and then pumpkin pie! Before I know it, we have Christmas shopping done and I am putting up Christmas decorations. We sometimes catch ourselves getting so busy that we are too busy to read books about the health of cutting back on the busyness of our lives!

Do we make time for the Lord? When we switch on our brain to all of the stuff around us that needs to be done, we sometimes have a tendency to turn off our brain to the one we should actually be turning to. Let's switch on our brains to the Lord. If we walk into the busy seasons of our lives and we forget to pause and pray daily things start to build up. We start to feel anxious, we forget to show love to people, we begin to become self absorbed and blinded to the needs around us.

Dr. Caroline Leaf, author of **Switch on Your Brain**, wrote "It has been found that twelve minutes of daily focused prayer over an eight week period can change the brain to such an extent that it can be measured on a brain scan. This type of prayer increases activity in brain areas associated with social interaction, compassion, and sensitivity to others. It also increases frontal lobe activity as focus and intentionality increase."

Ephesians 6:18 reads: "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." Prayer doesn't have to be fancy. It doesn't have to be poetically written, it doesn't even have to be out loud. The Lord knows what you need before you even do. He simply wants us to trust him, talk to him and rest in his presence. Take your worries, take your cares, take your life... to the Lord. The Lord will hear our prayers.

Minister of Discipling & Worship: Glen Rhodes

Minister of Community Life: Nancy Kuhns



Minister of Outreach: Emily Kauffman

Minister of Administration & Youth: Jeff Marner



The remodel work on the kitchen and fellowship hall kicked off with a lot of help from AMCers!
The progress is going well and everything is looking beautiful! The final reveal will be coming soon!



The 60th Annual Arthur Mennonite Relief Sale was a big success! We enjoyed seeing many people come and support the cause. One of the many beautiful handmade quilts was bought for \$2,400! We praise the Lord for his continued blessing on this event and the many lives it will touch!

MAKE A NOTE TO JOIN US!

SUNDAY, SEPTEMBER 11TH

During the worship service, the Ministry Team will be sharing about their experience and spiritual journey during Glen's sabbatical. We look forward to hearing how the Holy Spirit worked in their lives during this time!

SUNDAY, SEPTEMBER 18TH

This is Glen's first Sunday back from sabbatical, and we will have the Prknovi family with us as well. We will enjoy the fellowship meal, and also have a diaper shower to bless Jamison & Cheyanne Miller, and their daughter, Sawyer. Plan to bring a dish to share and diapers to bless the family!

SEPTEMBER BIRTHDAYS & ANNIVERSARIES

Brittnay Yoder	3rd	Makai Marner	17th
Karen (L) Miller	3rd	Michael James	19th
Drew & Courtney Gingerich	4th	Dawson Miller	22nd
Chad & Maria Yoder	4th	Delilah England	22nd
Jamison & Cheyanne Miller	10th	Katrina Taylor	22nd
Darrel & Janet Gingerich	12th	Dorothy Kauffman	22nd
Emma Hughes	14th	Marie Schrock	26th
Jillian Marner	14th	Andy & Lynn Marner	29th
Les & Marlene Helmuth	14th	John & Alta Yoder	29th
Bernadine Yoder	15th	Cliff Yoder	30th
Pay Shunk	15th		

FIRST FRUITS GIVING GOD OUR BEST

Stewardship

July 31, 2022 - \$8,966 August 7, 2022 - \$5,085 August 14, 2022 - \$3,307 August 21, 2022 - \$2,185 August 28, 2022 - \$2,655

If you would like to give tithes & offerings, please place them in the boxes at the back of the sanctuary or mail your envelope/check to the church at:
710 E Park, Arthur, IL 61911
Please include your envelope so your number can be recorded.