



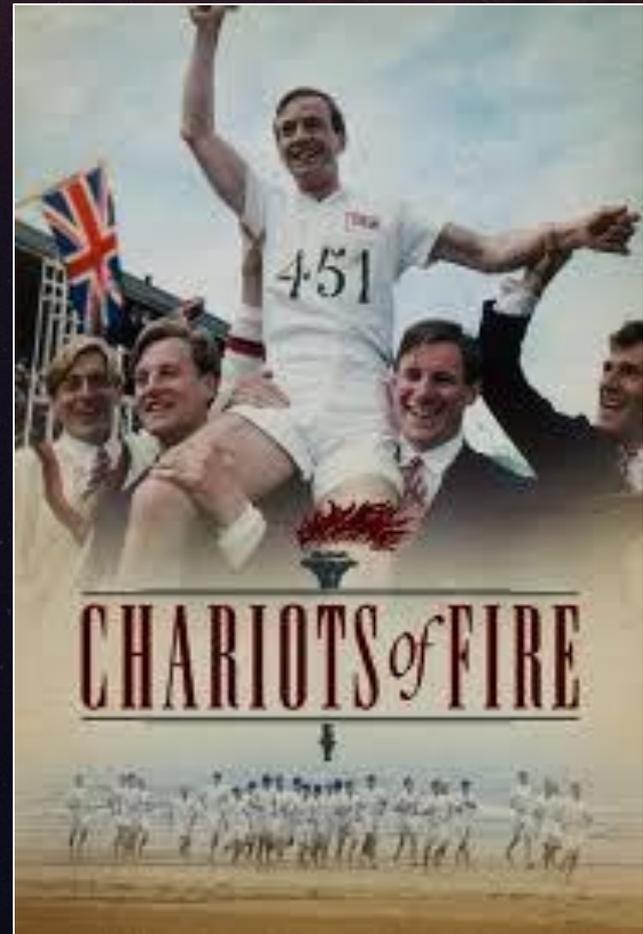
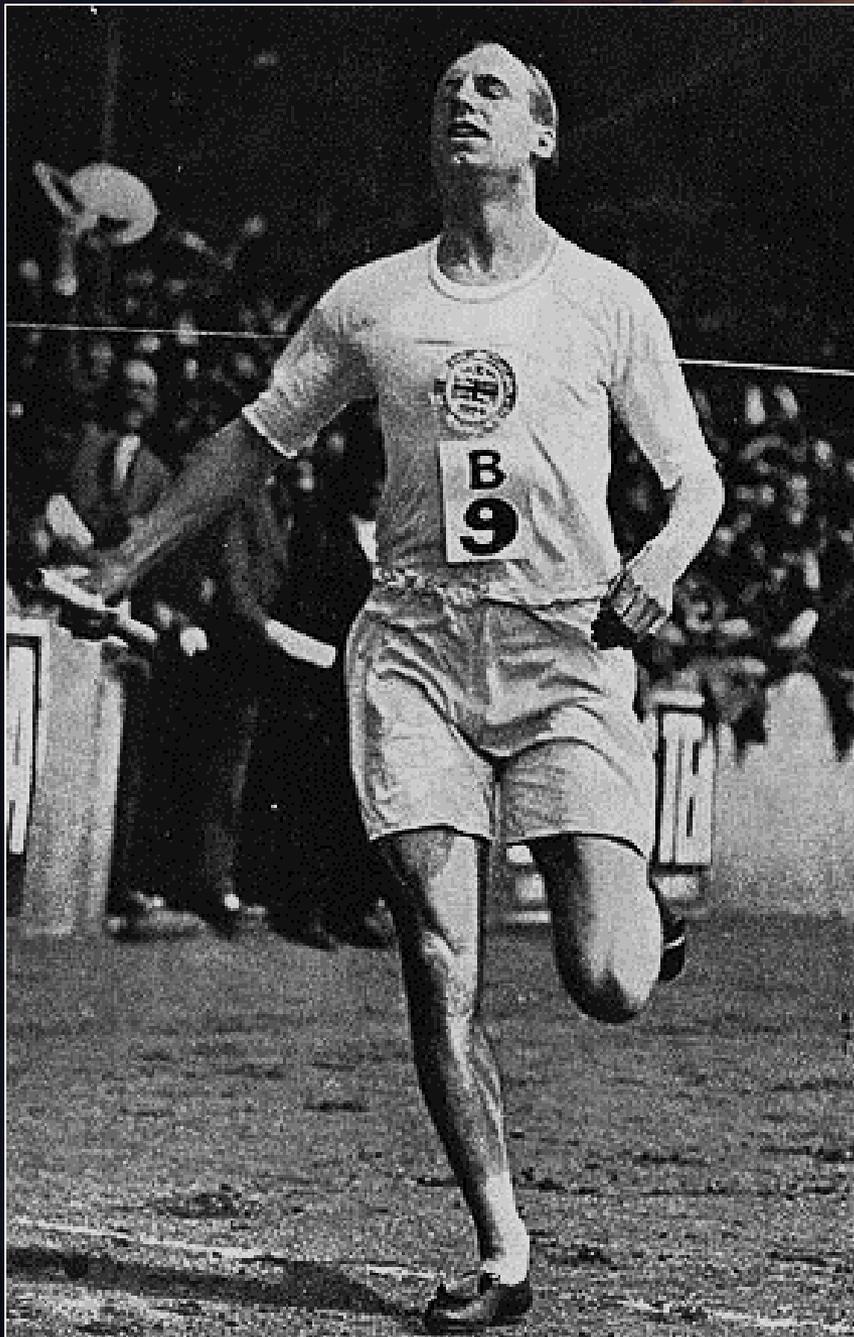
Today's
Message

**Set Free
on the
Sabbath**

Luke 13:10-17

Eric Liddell

1924 Paris Olympics



“Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

Exodus 20:8-11

³⁴ Hearing that Jesus had silenced the Sadducees, the Pharisees got together. ³⁵ One of them, an expert in the law, tested him with this question: ³⁶ “Teacher, which is the greatest commandment in the Law?”

³⁷ Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.’ ³⁸ This is the first and greatest commandment. ³⁹ And the second is like it: ‘Love your neighbor as yourself.’ ⁴⁰ All the Law and the Prophets hang on these two commandments.”

Matthew 22:34-40

Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people, “There are six days for work. So come and be healed on those days, not on the Sabbath.”

- Verse 14



**In what areas do we allow
legalism to outweigh our
responsibility to be
compassionate and loving
towards others?**

Precept - A specific rule that prescribes a certain action under certain circumstances.

Principle - A general guideline which is intended to result in different actions under a variety of circumstances.

4th Commandment

Remember the Sabbath day by keeping it holy

Pharisees: “You shall not work!”

**Jesus: “Remember the Sabbath
day and keep it holy.”**

¹⁵ The Lord answered him, “You hypocrites! Doesn’t each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? ¹⁶ Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?”

¹⁷ When he said this, all his opponents were humiliated, but the people were delighted with all the wonderful things he was doing.

Luke 13:15-17

**A change of perspective can help us to
grow and understand things better.**

“The Ten Commandments for Parents”

“Ten Suggestion for Parents”

“Ten Helpful Hints for Parents”

THINGS TO PONDER

In what areas have we been too legalistic?

In what areas have we withheld compassion and love because we were too focused on rules, or the wrong things?

In what ways could we take this example of Jesus and hear his words that say, “You have heard that it was said, but I say....”



*“Love the Lord your God with all your heart
and with all your soul and with all your mind.
Love your neighbor as yourself.” - Jesus*

Do we sometimes let our pursuit of religious practice get in the way of our calling to show God’s love to others?

Are we too quick to judge the actions of others at times?

What can we do in our lives to keep the Sabbath day holy?