

Message Series during Lent

*The*

**GOD**

We Can Know

~ Exploring the “I Am” Sayings of Jesus ~





**Today's Message**

***Knowing  
God's Satisfaction***

**John 6:27-51**



## John 6:25-51

**<sup>25</sup> When they found him on the other side of the lake, they asked him, “Rabbi, when did you get here?” <sup>26</sup> Jesus answered, “Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. <sup>27</sup> Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.” <sup>28</sup> Then they asked him, “What must we do to do the works God requires?” <sup>29</sup> Jesus answered, “The work of God is this: to believe in the one he has sent.”**

**<sup>30</sup> So they asked him, “What sign then will you give that we may see it and believe you? What will you do? <sup>31</sup> Our ancestors ate the manna in the wilderness; as it is written: ‘He gave them bread from heaven to eat.’” <sup>32</sup> Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup> For the bread of God is the bread that comes down from heaven and gives life to the world.” <sup>34</sup> “Sir,” they said, “always give us this bread.” <sup>35</sup> Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.**

**36 But as I told you, you have seen me and still you do not believe. 37 All those the Father gives me will come to me, and whoever comes to me I will never drive away. 38 For I have come down from heaven not to do my will but to do the will of him who sent me. 39 And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. 40 For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."**

**<sup>41</sup> At this the Jews there began to grumble about him because he said, “I am the bread that came down from heaven.” <sup>42</sup> They said, “Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I came down from heaven’?”**

**<sup>43</sup> “Stop grumbling among yourselves,” Jesus answered. <sup>44</sup> “No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. <sup>45</sup> It is written in the Prophets: ‘They will all be taught by God.’ Everyone who has heard the Father and learned from him comes to me.**

**46 No one has seen the Father except the one who is from God; only he has seen the Father. 47 Very truly I tell you, the one who believes has eternal life. 48 I am the bread of life. 49 Your ancestors ate the manna in the wilderness, yet they died. 50 But here is the bread that comes down from heaven, which anyone may eat and not die. 51 I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”**



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*“How easily are you satisfied?”*

*“How easy is it for you  
to stay satisfied?”*

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# John 6

**<sup>35</sup> Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty...**

**<sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate the manna in the wilderness, yet they died. <sup>50</sup> But here is the bread that comes down from heaven, which anyone may eat and not die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”**

**“For the bread of God is the bread  
that comes down from heaven  
and gives life to the world.”**

**- Verse 33**

# Exodus 16

**<sup>3</sup> The Israelites said to them, “If only we had died by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”**

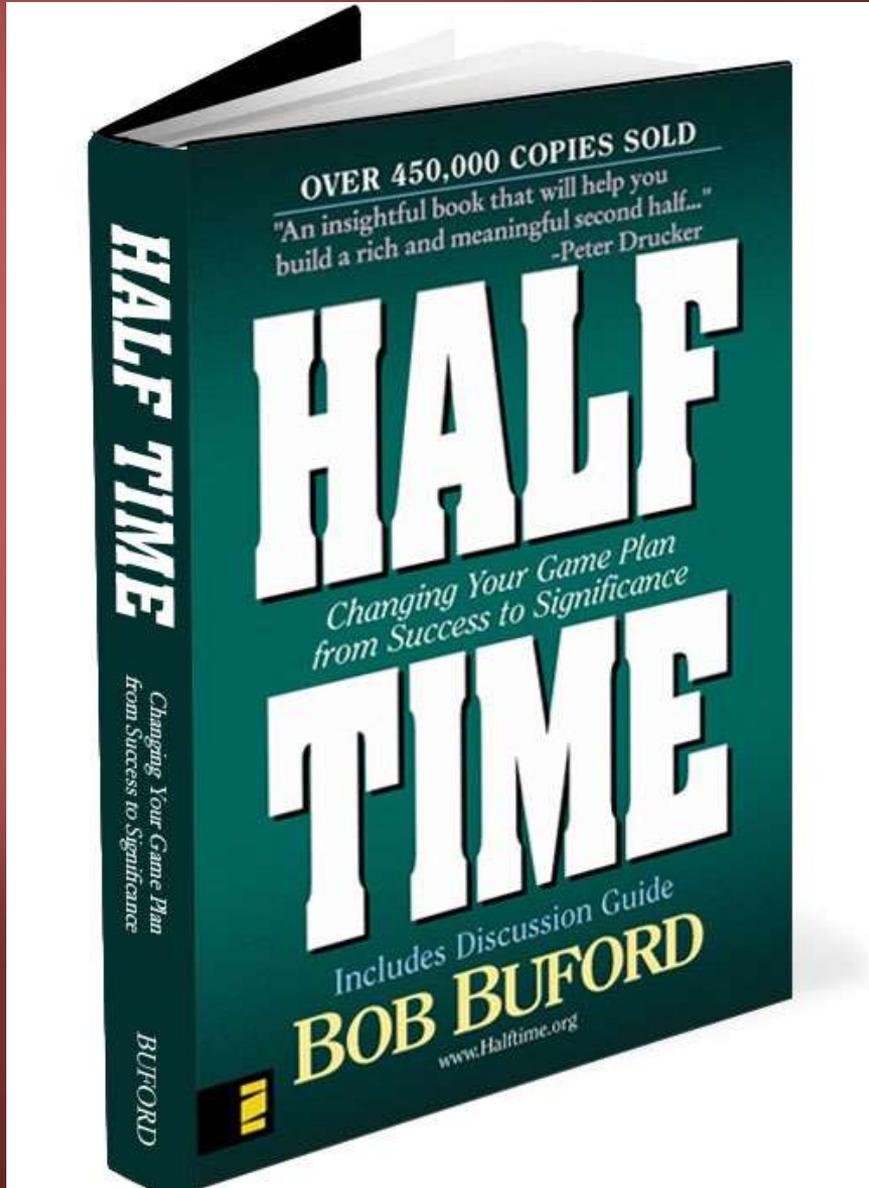
**<sup>4</sup> Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. <sup>5</sup> On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”**

“Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.”

John 6:27



Christians praising Jesus in Africa



What is most important?



*“I sometimes wonder  
whether all pleasures are not  
substitutes for joy.”*

- C.S. Lewis

”I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”

John 6:51

When we feel hungry for more of something—even when we’re not sure what that something is, we can remember that Jesus said,

**All: “I am the Bread of Life. Come to me and never be hungry.”**

When we feel distracted by other means of fulfillment in the world, help us to remember that Jesus said,

**All: “I am the Bread of Life. Come to me and never be hungry.”**

When we find ourselves feeling inadequate or incomplete in our daily lives, remind us that we fill ourselves up on Jesus' sustaining words,

**All: “I am the Bread of Life. Come to me and never be hungry.”**

When we look around at friends and strangers, assessing how we measure up to others, help us to remember that we are enough and are satisfied by God's grace when we hear Jesus say,

**All: “I am the Bread of Life. Come to me and never be hungry.”**

When we worry that the satisfaction we have now may one day run out, let us rest in the truth and fullness of Jesus' promise,

**All: "I am the Bread of Life. Come to me and never be hungry."  
Amen.**

A close-up photograph of two golden-brown, crusty loaves of bread resting in a light-colored woven basket. The lighting is warm and directional, highlighting the texture of the bread's crust. A semi-transparent dark horizontal band is overlaid across the middle of the image, serving as a background for the text.

*Jesus -*  
The Bread of Life

John 6